

BAC Sharks

2026 Spring/Summer
Season

Swim Group Placement

Practice groups will be evaluated during the **entire week of 6/15**, which is the first week of morning practices. This allows our coaching staff to thoughtfully place each child in the group that best supports their athletic, social, and emotional growth.

Returning Swimmers: Make sure to attend practices in the practice group you were in last summer.

New Swimmers: After registering for the team, Coach Paul will contact you to set up a placement swim for your child.

Swim Clinics

Maximum 5:1 Coach to child ratio. \$20 per clinic attended. Specialized training in addition to and separate from Swim Team practices.

Open to registered Tigershark, Hammerhead, and Jaws participants only.

Mondays: Freestyle & Starts
12:00pm – 12:30pm and 12:30pm – 1:00pm

Tuesdays: Backstroke & Flip Turns
12:00pm – 12:30pm and 12:30pm – 1:00pm

Wednesdays: Breaststroke & Open Turns
12:00pm – 12:30pm and 12:30pm – 1:00pm

Thursdays: Butterfly & Freestyle
12:00pm – 12:30pm and 12:30pm – 1:00p

No Shows will still be charged for the clinics they sign-up for. Clinic topics may change based on meet schedule throughout the season.

Private Lessons

Private lessons will be available starting May 11th. If you have any questions, please reach out to Coach Paul Ellis at pellis@bacmi.net.

We are looking forward to another great BAC Sharks swim season! The 2026 swim season will be one 10-week season. The schedule will start with a 'School Schedule' followed by a 'Summer Schedule' once schools break for the summer. There is one price and one sign-up that includes all coaching starting on May 11th and ending on July 18th. Also included is a Sharks T-shirt, Sharks swim cap, and all buffet meals at swim meets for all participants.

Swim Practice Schedule

School Schedule

Monday May 11th – Saturday June 13th

Jaws

Monday - Thursday 4:00pm – 5:30pm
Saturdays 8:00am – 9:30am

Hammerheads

Monday - Thursday 4:30pm – 5:45pm
Saturdays 9:15am – 10:30am

Tigersharks

Monday - Thursday / 5:30pm – 6:30pm
Saturdays 10:30am – 11:30am

Fins

Monday - Thursday / 6:00pm – 6:30pm
Saturdays 11:00am – 11:30am

Summer Schedule

Monday, June 15th – Saturday July 18th
No Practice on May 25th (Memorial Day)

Prices listed cover the full 10-week summer program from May 11th – July 18th.

JAWS: 6 days per week.

Mon/Wed/Fri: 8:00am-9:30am
Tues/Thurs/Sat: 7:30am-9:30am (\$495)

OPTIONAL Jaws Only:

Skill Work Clinics on Mon & Fri: 7:30am-8:00am (No additional charge)

HAMMERHEADS: 6 days per week.

Monday thru Saturday: 9:15am – 10:30am (\$495)

TIGERSHARKS: 6 days per week.

Monday thru Saturday: 10:30am – 11:30am (\$495)

FINS 1: 3 days per week.

Mon/Wed/Fri: 11:00am – 11:30am (\$350)

FINS 2: 3 days per week.

Tues/Thurs/Sat: 11:00am – 11:30am (\$350)

-Additional FINS practices may be added depending on the number of swimmers.